

**Initial Client Intake Form**

Name:

Address:

Emergency Contact:

Received Massage Therapy Before: Y/N

Reasons for Seeking Massage Therapy Today:

Areas of Focus:

Date:

Date of Birth:

Emergency Phone:

Date of Last Massage:

Areas to Avoid:

Phone:

Email:

Preferred Pressure: Light, Moderate, Firm

**Have you ever experienced:**

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> AIDS/HIV +             | <input type="checkbox"/> Allergies to _____       | <input type="checkbox"/> Arthritis (Rheumatoid or Osteo) | <input type="checkbox"/> Hemophilia                     |
| <input type="checkbox"/> Broken Bones _____     | <input type="checkbox"/> Bursitis                 | <input type="checkbox"/> Cancer                          | <input type="checkbox"/> Hernia                         |
| <input type="checkbox"/> Carpal Tunnel Syndrome | <input type="checkbox"/> Chronic Fatigue Syndrome | <input type="checkbox"/> Circulation Problems            | <input type="checkbox"/> Heart Attack or Heart Ailments |
| <input type="checkbox"/> Deep Vein Thrombosis   | <input type="checkbox"/> Diabetes                 | <input type="checkbox"/> Disc Problems                   | <input type="checkbox"/> Multiple Sclerosis             |
| <input type="checkbox"/> Epilepsy/Seizures      | <input type="checkbox"/> Scoliosis                | <input type="checkbox"/> Tumors                          | <input type="checkbox"/> Fibromyalgia                   |
| <input type="checkbox"/> Phlebitis              | <input type="checkbox"/> Psoriasis                | <input type="checkbox"/> Varicose Veins                  | <input type="checkbox"/> Whiplash                       |
| <input type="checkbox"/> Hyper/Hypothyroid      | <input type="checkbox"/> Other Relevant Condition |  |   |

Describe As Needed:

**Are you currently experiencing:**

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> Anemia           | <input type="checkbox"/> Back Pain           | <input type="checkbox"/> Digestive Problems           | <input type="checkbox"/> Eczema                                  |
| <input type="checkbox"/> Headaches        | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Insomnia                     | <input type="checkbox"/> Low Blood Pressure                      |
| <input type="checkbox"/> Migraines        | <input type="checkbox"/> Muscle Spasms       | <input type="checkbox"/> Numbness/Tingling            | <input type="checkbox"/> Rashes, ringworm, athlete's foot, etc . |
| <input type="checkbox"/> Inflammation     | <input type="checkbox"/> Excess Stress       | <input type="checkbox"/> Skin Conditions/Allergies    | <input type="checkbox"/> Sciatica                                |
| <input type="checkbox"/> Strains/Sprains  | <input type="checkbox"/> Swollen feet/legs   | <input type="checkbox"/> Tendonitis                   | <input type="checkbox"/> Thoracic Outlet Syndrome                |
| <input type="checkbox"/> Flu or Cold      | <input type="checkbox"/> Fever               | <input type="checkbox"/> Infection                    | <input type="checkbox"/> Contagious Disease                      |
| <input type="checkbox"/> Menstrual Cramps | <input type="checkbox"/> Severe PMS          | <input type="checkbox"/> Pregnancy, Trimester 1, 2, 3 | <input type="checkbox"/> Perimenopause/Menopause Symptoms        |

Describe As Needed:

Other Notes:

Serious Accidents, Injuries or Surgeries, including year:

Serious Illnesses/diseases, including year:

Are you receiving medical/chiropractic care: Y/N If yes, please describe:

Are you taking any medication? Y/N If yes, please describe:

Please read and sign the following:

I acknowledge that the above information is complete and accurate to the best of my knowledge.  
I understand that if 36 hours cancellation notice is not given, payment will be expected.  
Payment is expected at time of service.

\_\_\_\_\_  
Client Signature    Date